



ACTIVITY BOOK





**Welcome to the first and only online banana catsup museum
in the world! Here you will learn about banana catsup -
where it comes from and how it is made!**

**Use this activity and coloring book as a guide for your
fun-filled learning adventure as you navigate our
online museum!**

About The Catsup Museum

The Catsup Museum was built to help immortalize the story of banana catsup through an informative and interactive experience. It promotes not only the knowledge of Philippine history and culture, but also advocates the importance of science in food manufacturing. All visitors will bring back an even greater appreciation of Filipino food, and be more proud to be Filipino!



The Catsup Museum

by NutriAsia and theMindmuseum



Museum worksheet



Hi!
Can you help me match
the correct type of
banana part below
to the dishes on
the right?



Cavendish



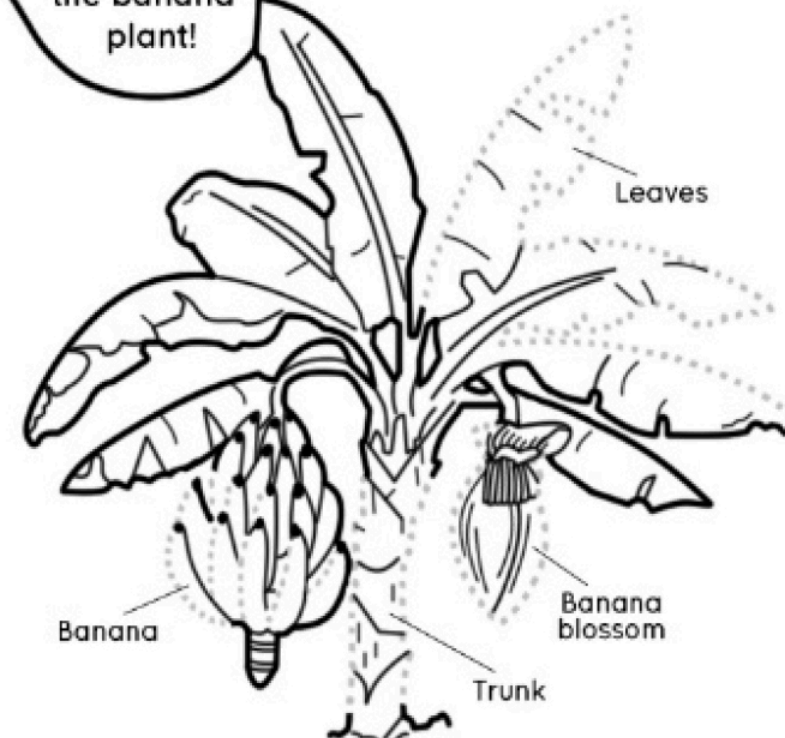
Saba



Banana blossom

- Banana cue
- Banana catsup
- Banana shake
- Kare-kare
- Turon
- Adobo

Trace and color
the parts of
the banana
plant!



Hey there!
Did you know that the tomato
fruit was hard to find in the
Philippines and that's why
the banana was used to
make catsup instead?
Yes, that is right.
A tomato is a fruit!

Find and encircle
the words
in the box.

C	N	S	B	A	N	A	N	A	F	L	O	U	R
F	I	R	O	Q	W	H	T	I	R	G	M	F	X
R	N	E	J	Y	Z	R	A	S	U	O	D	L	P
W	V	M	F	B	A	E	M	L	I	C	F	T	M
N	E	Y	H	N	S	L	P	F	T	M	I	V	A
A	N	E	C	J	F	G	A	X	W	R	N	B	I
M	T	P	H	A	R	M	A	C	I	S	T	H	C
O	O	K	V	O	H	T	F	S	N	Q	X	A	K
J	R	U	F	O	O	D	C	H	E	M	I	S	T

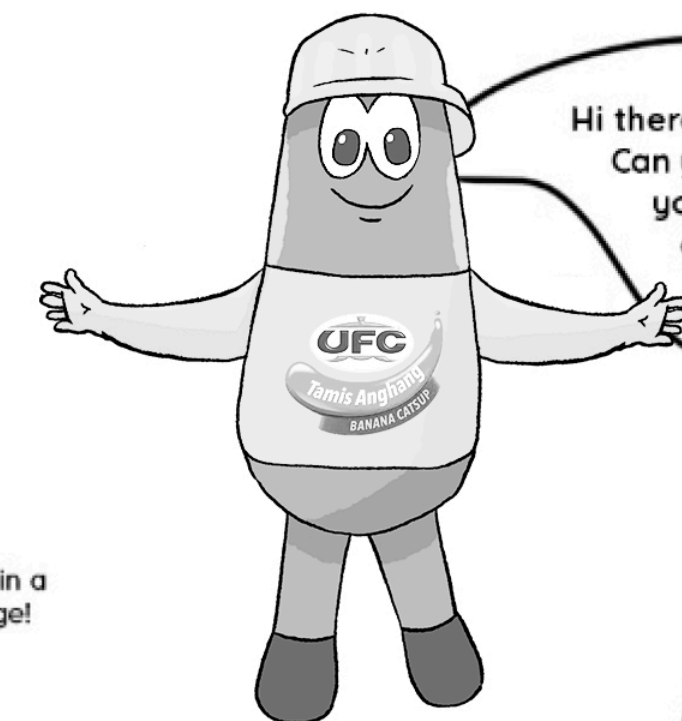
- FOOD CHEMIST - a scientist who is an expert in studying the reactions of different kinds of food mixed together.
- INVENTOR - a person who creates or discovers new ways, forms or devices that become inventions.
- PHARMACIST - a scientist who is an expert in human health focusing on providing safe & effective medicine.
- BANANA FLOUR - a cheaper alternative to wheat flour & used by people who cannot take gluten in their bodies.
- FRUIT WINE - an alcoholic beverage made from fermented fruits other than grapes.
- SOYALAC - also called "magic food"; made from powdered soya beans.



Hello!
Can you name all
the steps to making
a bottle of banana
catsup? Fill in the
vowels in the
blanks.

• M _ X _ NG

- all the ingredients are put together in a
big pot and mixed! Here's a challenge!
Can you name the ingredients?



Hi there!
Can you design
your own banana
catsup bottle?
Get creative!

• C _ _ K _ NG

- the catsup mixture is heated and
cooked using special machines!

• B _ TTL _ F _ LL _ NG

- before they go into bottles, a batch of
catsup is tested first to make sure they are
safe for eating.

• R _ T _ RY F _ LL _ R

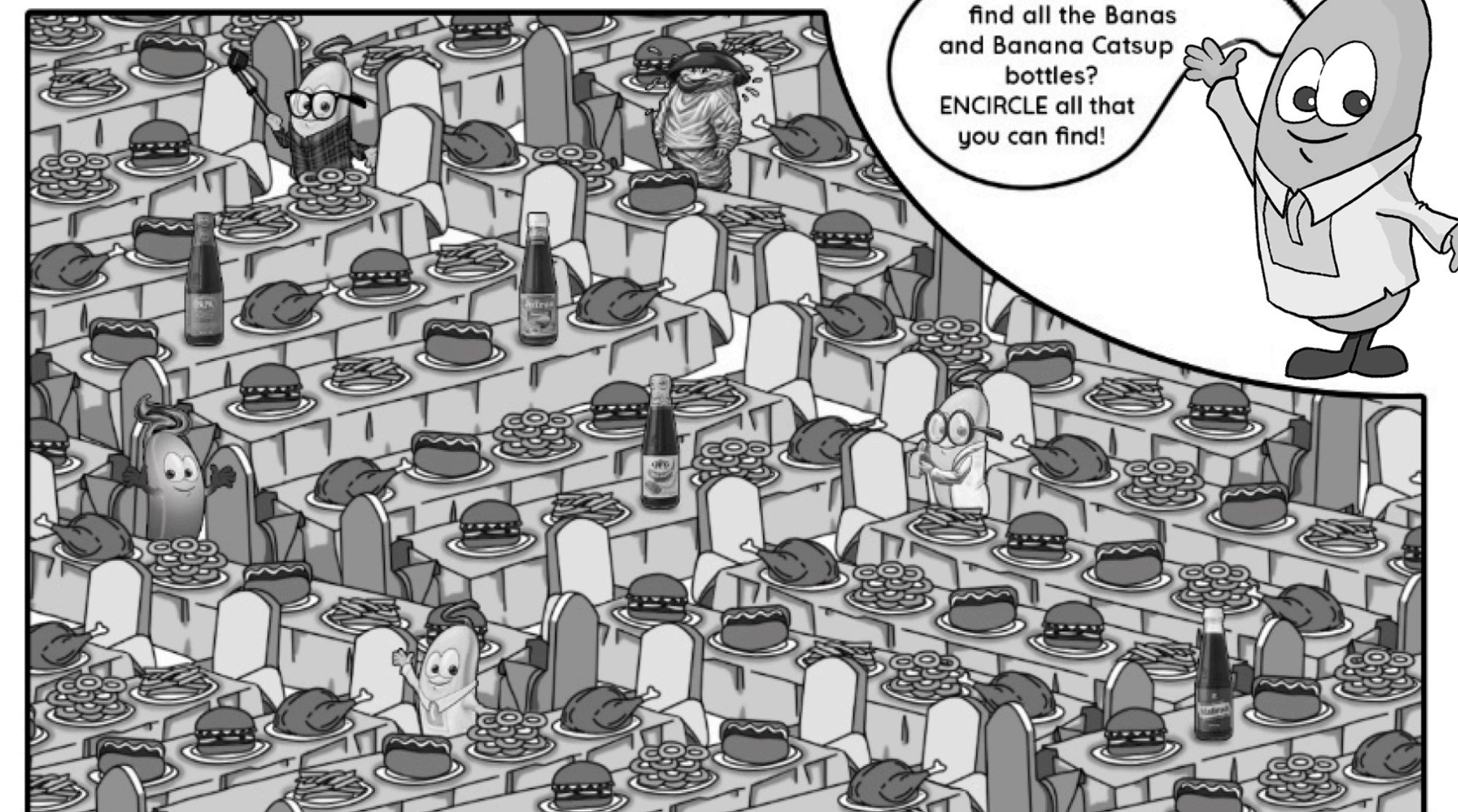
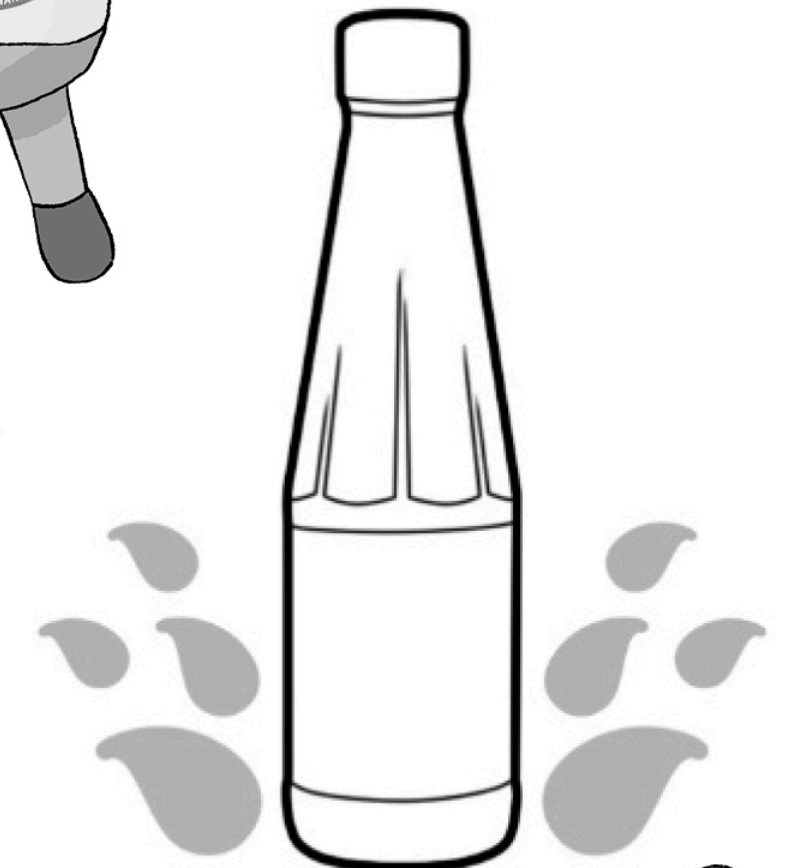
- once they have the go signal, the bottles
are capped using a machine that flips
them upside down.

• P _ CK _ G _ NG

- aside from glass, plastic bottles, and
aluminum pouches and sachets
are also used.

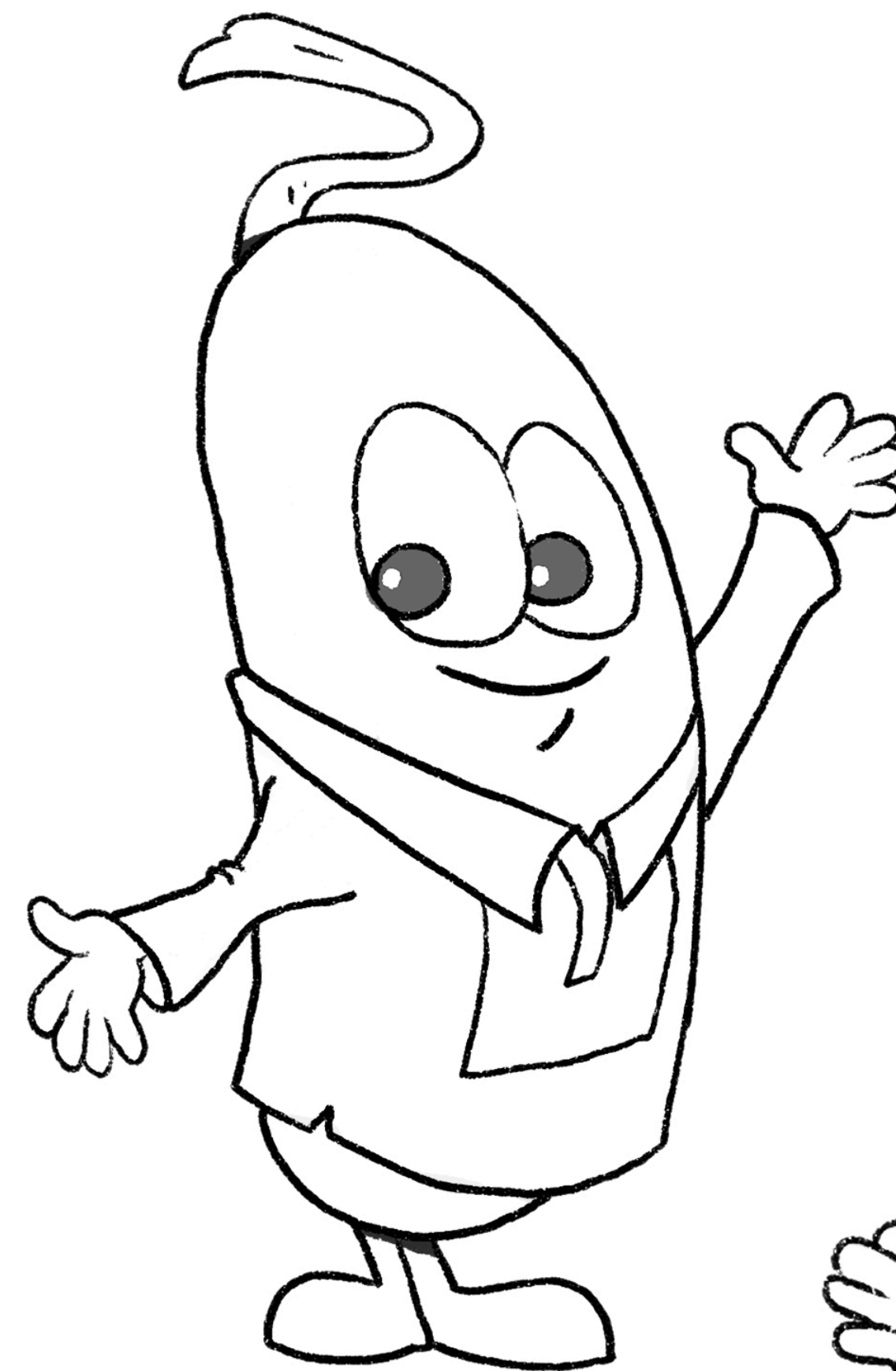
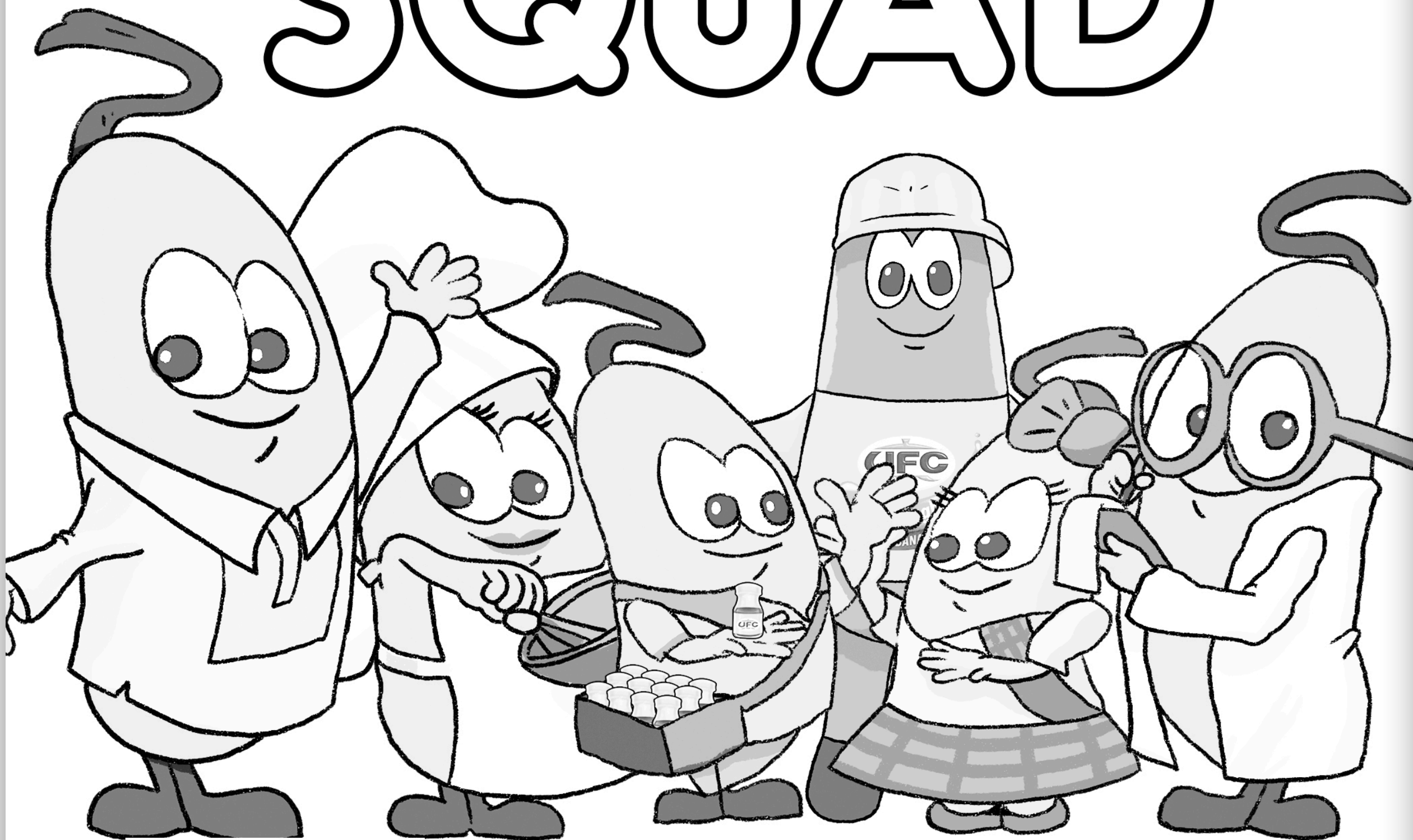
• L _ B _ L _ NG

- find important information like the
brand, nutritional facts, ingredients,
and the Best before date on the label.



Can you help us
find all the Banas
and Banana Catsup
bottles?
ENCIRCLE all that
you can find!

MEET THE SAGING SQUAD



Senyor Saging

Born in 1942 as the first Banana to help oversee the Banana Catsup making process, Senyor Saging is the head of the Saging Squad and very proud of our catsup's Filipino heritage.

Senyorita Saging

Senyorita was born soon after Senyor Saging and quickly became his partner in crime for preserving banana catsup as a Filipino creation.



Musa

Thanks to Musa's genius, we now enjoy banana catsup as a mass-produced commodity everywhere in the Philippines. He may be quiet and busy with his work, but don't forget that Musa is the smartest saging around!



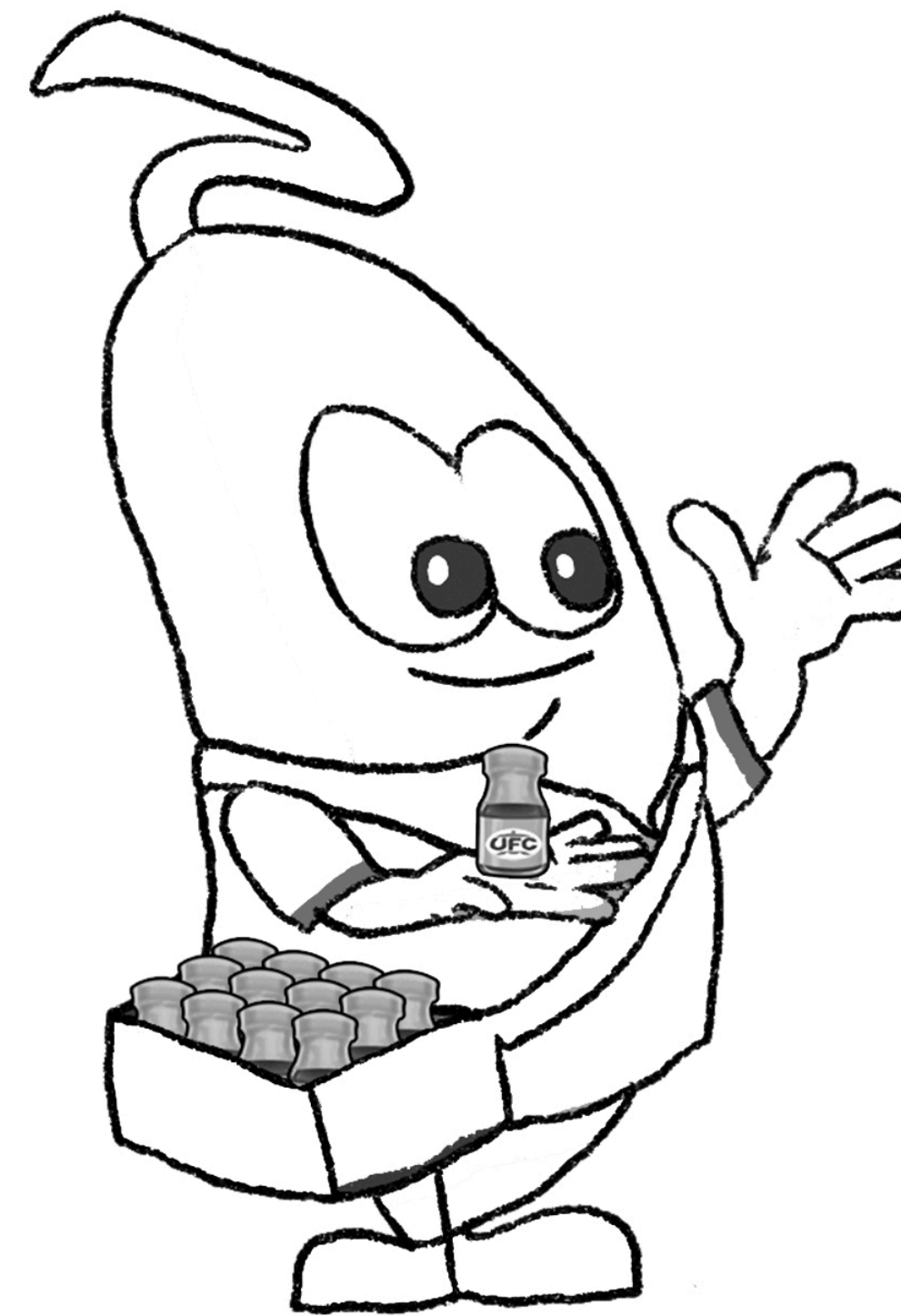
Auntie Bananie

With a deep love of Filipino food and a bigger love for cooking it, Auntie Banana soon became the culinary director and cook of the Saging Squad. You can thank her for our favorite banana catsup food pairings, and she still creates more recipes to this day!



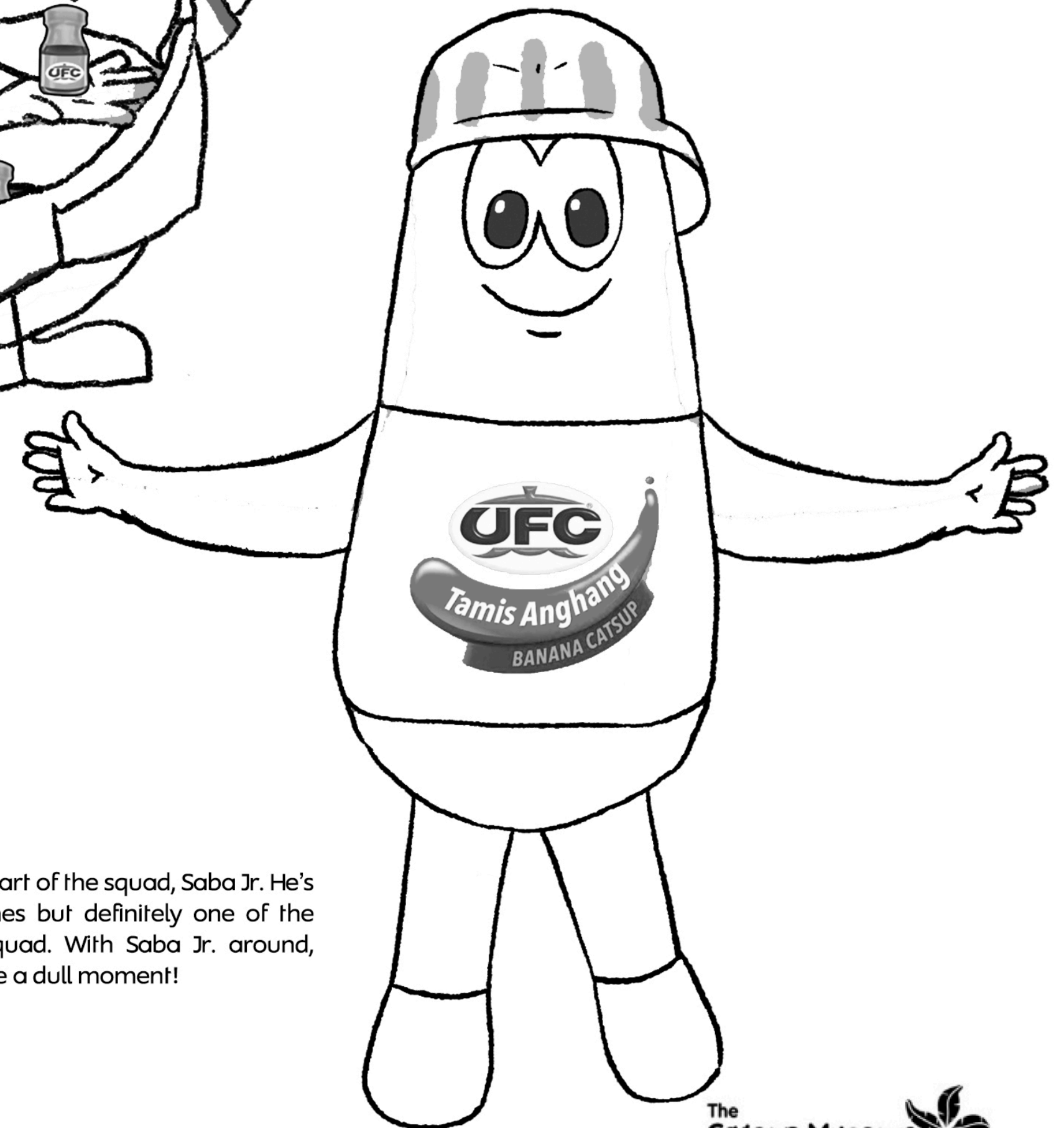
Bana

Despite being the youngest in the Saging Squad, he's always ready to help his fellow squadmates around the museum, especially when it comes to tasting Auntie Bananie's new creations and trying out Musa's fun new inventions.



Saba Jr.

Say hello to the newest part of the squad, Saba Jr. He's fun and naughty at times but definitely one of the sweetest part of the squad. With Saba Jr. around, you're sure to never have a dull moment!







Scan this QR code to visit
the online museum!

